

A Walk in the Park

I went walking with my mom one day;

And I'm very, very sad to say.

I was looking at a bird;

That was acting quite absurd.

And when I turned around my mom had gone away.

Mommy! Help me!

I am lost you see!

Mommy! Help me!

I am lost!

Well I quickly sat down on my bum;

While I waited right there for my mom.

I wanted to run;

But I stayed there on my bum.

While waiting for my mom to look for me.

Mommy! Help me!

I am lost you see!

Mommy! Help me!

I am lost!

I decided to call out my mom's name;

Hoping she would hear me through the rain.

I still didn't run:

Instead, I stayed there on my bum.

And I waited for my mom to come to me.

Mommy! Help me! I am lost you see! Mommy! Help me!

I am lost!

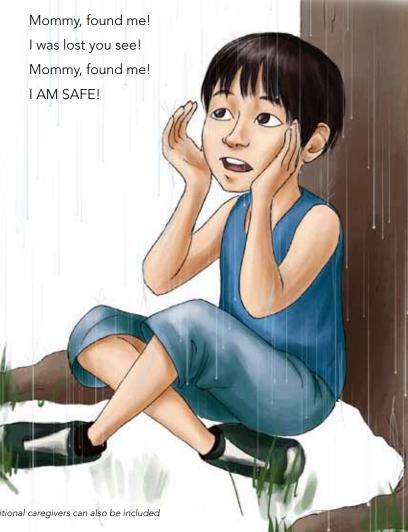
While I sat there I felt very scared;

Knowing it was something my mom shared.

I sat there for a while;

Then I saw her running wild.

She ran over and she gave me a big squeeze!



NOTE: Substitute "mommy" with "daddy" to include both parents. Names of additional caregivers can also be included when appropriate. Personalize the poem to make it relevant for the child/children.